

Kyle Leon's Somanabolic Muscle Maximizer Named #1 Muscle Building Guide

Summary: Kyle Leon's Somanabolic Muscle Maximizer beats out dozens of other popular fitness and bodybuilding guides as DietsAndFitnessGuides.com names the Somanabolic Muscle Maximizer their #1 Muscle Building Guide.

"Kyle Leon's Somanabolic Muscle Maximizer has been on our radar for quite some time," reports DietsAndFitnessGuides.com's Vince Delmonico. "We've been very impressed by the program, so after months of deliberation we have finally decided to name The Somanabolic Muscle Maximizer as our official #1 most highly recommended muscle building system."

The Somanabolic Muscle Maximizer is a first of its kind muscle building software solution developed by fitness model, and anabolic nutrition expert Kyle Leon. Leon developed the Muscle Maximizer in collaboration with a team of leading nutrition experts, bodybuilders, and thought leaders in fitness nutrition field to provide users with an exact diet and exercise plan to reach their fitness goals.

Delmonico offers this explanation for giving the Muscle Maximizer the coveted #1 placement:

"Anybody who knows about fitness knows that there is no such thing as a 'one-size-fits-all' fitness plan," says Delmonico. "While some other programs provide a bit of customization, nothing else we've seen even comes close to the Somanabolic Muscle Maximizer in terms of providing a complete, custom tailored anabolic nutrition plan."

Leon's Muscle Maximizer creates a customized nutrition plan for its users based on a number of factors including one's age, weight, height, metabolism and somatotype. In addition to providing 3 daily customized meal plans which can be customized further to suit individual tastes and food preferences.

"One of the biggest problems we've seen with other muscle building programs is that they don't allow customers to pick the foods that they want to eat and they are way too restrictive in this regard," says Delmonico. "Other less structured diets will cause you to gain fat along with the muscle, and that's no good at all! With the Somanabolic Muscle Maximizer you get the best of both worlds; a full customizable fitness plan that builds pure, lean muscle with zero fat."

[Those wishing to purchase Kyle Leon's Somanabolic Muscle Maximizer, or seeking more info click here.](#)

Vince Delmonico reviews diets, fitness guides and other self help programs on his website DietsAndFitnessGuides.com. A list of DietsAndFitnessGuides.com's recommended fitness training courses is available at the following web address:

<http://www.dietsandfitnessguides.com/recommended-products/>

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